

Item	Serving Size	Calories	M/MA	Grain =	Calories from Fat	Total Fat	Saturated Fat	Cholesterol	Sodium	Carbs	Protein
						g	g	mg	mg	g	g
Stuffed Crust Pizza	1-4.84oz	330	2	2	126	14	4.5	15	820	35	16
Cheese Pizza - Sheet Pan	80										
Pizza Shell	2.2	11520		2	960	96	0	0	5760	2304	480
Cheese, mozzarella		11200	2		6480	720		2560	21120	128	1104
Pizza Sauce		960			0	0	0	0	6720	192	48
Total		296			93	10	0	32	420	33	20
French Bread Pizza (60WUM2)	5.5oz	310	2	2	100	11	6	30	380	33	23
Garlic French Bread Pizza (60WGUM2)	4.5oz	350	2	2	160	18	7	30	450	29	22
Cheese Pizza (7-12)	80										
Pizza Shells		10400		2	800	80	0	0	5200	2080	400
Cheese, mozzarella		11200	2		6480	720		2560	21120	128	1104
Pizza Sauce		960			0	0	0	0	6720	192	48
Total		282	2	2	91	10	0	32	413	30	19
Pepperoni Pizza (Sheet)											
Cheese Pizza		296	2	2	93	10	0	32	42	33	20
Pepperoni	4 slices	35			28	3	0	7	135	0	1
Total		331	2	2	121	13	0	39	177	33	21
Pepperoni Pizza 7-12											
Cheese Pizza		282	2	2	91	10	0	32	413	30	19
Pepperoni	4 slices	35			28	3	0	7	135	0	1
Total		317	2	2	119	13	0	39	548	30	20
Garlic Pizza											
Cheese Pizza		282	2	2	91	10	0	32	413	30	19
Oil		39			39	4	0	0	0	0	0
Total		321	2	2	130	14	0	32	413	30	19

Item	Serving Size	Calories	M/MA	Grain =	Calories from Fat	Total Fat	Saturated Fat	Cholesterol	Sodium	Carbs	Protein
						g	g	mg	mg	g	g
Buffalo Chicken Pizza (7-12)											
Pizza Shell		10400		2	800	80	0	0	5200	2080	400
Mozzarella Cheese		11200	2		6480	720		2560	21120	128	1104
Chicken Pattie (goldkist 6616) 20	3.9oz	5080			2520	280	60	120	6420	300	340
Hot Sauce		0			0	0	0	0	6720	0	0
Butter		6400			6400	640	320	0	5440	0	0
Total		414	2	2	203	22	5	34	561	31	23
Mexican Pizza											
		340	2	2	130	14	6	25	850	39	17
BBQ Chicken Pizza											
	80										
Pizza Shells		10400		2	800	80	0	0	5200	2080	400
Cheese, mozzarella		11200	2		6480	720		2560	21120	128	1104
Chicken Pattie (goldkist 6616) 20	3.9oz	5080			2520	280	60	120	6420	300	340
BBQ Sauce		4880							12400	960	
Total		395	2	2	123	14	1	34	564	43	23
Broccoli and Cheese Pizza											
Pizza Shell		10400		2	800	80	0	0	5200	2080	400
Mozzarella Cheese		11200	2		6480	720		2560	21120	128	1104
Broccoli	15 cups	5850			270	30	0	0	7170	150	90
Oil	1.25 cups	2340			2340	280	0	0	0	0	0
Total		372	2	2	124	14	0	32	419	29	20
Meatlovers											
	Slice										
Cheese Pizza		282	2	2	91	10	0	32	413	30	19
Pepperoni	2 slice	17			14	2	0	3.5	70	0	1
Ham	.5oz	17.5			4	0	0	6	182	0	2
Sausage	.5oz	47.5			36	4	1	9	127	0	1.75
Total		364	2	2	145	16	1	51	792	30	24

Item	Serving Size	Calories	M/MA	Grain =	Calories from Fat	Total Fat	Saturated Fat	Cholesterol	Sodium	Carbs	Protein
						g	g	mg	mg	g	g
Sausage & Pepperoni Pizza											
Cheese Pizza		282	2	2	91	10	0	32	413	30	19
Pepperoni	2 slice	17			14	2	0	3.5	70	0	1
Sausage	.5oz	47.5			36	4	1	9	127	0	1.75
Total		347	2	2	141	16	1	45	610	30	22

Sausage And Peppers Pizza											
Cheese Pizza		282	2	2	91	10	0	32	413	30	19
Sausage	.5oz	47.5			36	4	1	9	127	0	1.75
Peppers & Onions		10			0	0	0	0			
Total		340	2	2	127	14	1	41	540	30	21

Chicken Bacon Ranch											
Pizza Shell	80	10400		2	800	80	0	0	5200	2080	400
Mozzarella Cheese		11200	2		6480	720		2560	21120	128	1104
Chicken Pattie (goldkist 6616) 20	3.9oz	5080			2520	280	60	120	6420	300	340
Ranch Dressing		5760			5440	608	96	160	8640	32	0
Bacon Bits		799			415	48	16	160	7027	0	95
Total		415	0	0	196	22	2	38	605	32	24